

**Press Release
For Immediate Release**

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**CAPEABILITIES 5k RUN/WALK/STROLL SCHEDULED FOR MAY
6 IN HYANNIS**

The capeAbilities 5k Run/Walk/Stroll is scheduled for Sunday, May 6 at the Hyannis Village Green in Hyannis.

All proceeds from the 5k will benefit capeAbilities and Cape Codders with disabilities. The event is open to runners and walkers of all abilities.

The stroll begins at 9:30 AM, the 5k begins at 10 AM.

For registration or sponsor information, contact Dorine Regan, at 508-778-5040 ext. 245 or email dregan@capeabilities.org

capeAbilities is a non-profit organization that provides jobs, housing, transportation and therapeutic serviced for Cape Codders with disabilities. Founded as Nauset Workshop in 1968 in Orleans, capeAbilities now serves people with disabilities from Bourne to Provincetown. For more information visit www.capeabilities.org