

40TH ANNIVERSARY

Cape AbilitiesSM

Creating Opportunity

JANUARY 2008 ■ WWW.CAPEABILITIES.ORG



Captain Dan Abel (left) and Richard Brady.



Richard with Admiral Thad Allen, Commandant of the United States Coast Guard.



Richard joined the Coast Guard in 1975.

Jack Loughman, Employment Coordinator at Cape Abilities

Courageous COMEBACK

Richard Brady, 54, doesn't like to talk about himself, but he has an inspiring story to tell.

Growing up, Richard spent summers at his family home in Harwich Port. He loved Cape Cod and the ocean, and joined the US Coast Guard in 1975.

He trained in the culinary arts and was chosen to serve on the US Coast Guard Cutter Eagle during the Tall Ships celebration in 1976.

Richard is proud of his active service. After leaving the Coast Guard, he worked as a chef at various local restaurants.

In October, 1990, his life changed forever. At age 39, Richard suffered a massive stroke,

"I am very grateful for my job. It gives me self respect."

Richard Brady

"I couldn't talk or walk. I couldn't do anything for myself. It was devastating."

Slowly, over a period of years, with intensive rehabilitation, Richard regained strength and mobility. His goal was to find a job where he could feel proud of his accomplishments.

knew of Richard's Coast Guard background and felt he would be a good fit for Cape Abilities maintenance contract work at Coast Guard Air Station Cape Cod (ASCC) in Bourne.

Richard was hired in 2004. With job coaching, training and support from Cape Abilities, Richard has adapted techniques to work around his physical limitations. Loughman says, "Richard does an amazing job, he is very dedicated."

Richard's life outside of work is full. He lives independently in Sandwich. He loves to cook, draw and watch sports. He is

the official photographer for the Nam Vets Association of the Cape & Islands. He remains close to his family and friends.

According to Captain Dan Abel, Commanding Officer at Coast Guard Air Station Cape Cod, "Richard does a great job; he is very conscientious and thorough. We feel that Richard is still serving the Coast Guard in his work now on the base. Richard is an important part of what we do."

To learn more about Richard Brady visit www.CapeAbilities.org



40TH ANNIVERSARY



2008 marks an important milestone for Cape Abilities. Our 40 years of providing services for people with disabilities is a tribute to our role as a vital part of each town on Cape Cod. We hope you have the opportunity to join us as we celebrate throughout the year.

Larry Thayer

Executive Director

Marion Broidrick

Chairman, Board of Directors

“A Good Person and A Good Employee”

Finding and keeping valuable employees is an elusive goal for most businesses. The Morgan Memorial Goodwill Industries store in Hyannis is lucky; with Cape Abilities help they found Debbie Silva. Debbie was recently honored by the company for 10 years of successful employment.

Debbie, 54, started her job at Goodwill in 1997, and has done everything from organizing shoes and straightening hangers to keeping the clothes racks and counters

sparkling clean. Debbie is respected by her colleagues and customers.

Cape Abilities Employment Services department helped Debbie find her job at Goodwill and provides ongoing job coaching services. Debbie is also employed at Cape Abilities workcenter in Hyannis.

Maureen Fitzgerald, Manager of Goodwill Hyannis said, “Debbie always comes to work with a smile on her face. She is very happy when she is here doing her job”. Fitzgerald continued, “Debbie is a good person and a good employee”.



Debbie Silva works at the Hyannis Goodwill store.

To see more photos of Debbie Silva and other people from Cape Abilities at their jobs across Cape Cod visit www.CapeAbilities.org



Ground clearing began last November for the new greenhouse at Cape Abilities Farm on Route 6A in Dennis. **John Powers** helped cut down trees in preparation for the construction. The Naked Oyster Bistro & Raw Bar in Hyannis hosted an auction last year that raised over \$60,000 to build the greenhouse. More than 30 people with disabilities work at the farm.



Have you ever wondered how a greenhouse is built? See behind the scenes photos at www.CapeAbilities.org

To see more of Mike Brown's photos, visit www.CapeAbilities.org

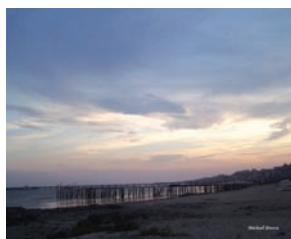


The View From My Chair

The vistas around Cape Cod are popular subjects for photographers. Mike Brown brings a unique perspective to his photos.

Mike, 50, has been shooting photos for the past 3 years. Mike participates in Cape Abilities Day Habilitation program. His photos are often taken during field trips around Cape Cod. Rose Pabedinskas, coordinator of Cape Abilities art program provides technical assistance.

Recently, Mike had the first exhibit of his photos at Old



Country Buffet in Hyannis. He is a member of the Cape Cod Camera Club.

Why has photography captured Mike's interest? “I love going out around the Cape. There is always something different to

see. I like to take photos, it is an adventure in the making.”

Prints of Mike's photos are available for sale. For more information, email photos@CapeAbilities.org or call 508-778-5040.



Mike Brown of Centerville enjoys taking photos across Cape Cod.

News

from the Development Office

I again would like to thank all of you for your generous support of our mission here at Cape Abilities. Together, we make a difference in the lives of individuals with disabilities on Cape Cod.

In the last newsletter I mentioned our Planned Giving program. This program provides the donor with a number of opportunities for making a lasting gift to Cape Abilities while allowing them specific tax benefits.

One of the many vehicles used is a **“Charitable Gift Annuity”**. This is an agreement between the donor and Cape Abilities, in which the donor gives a significant donation to us and is then guaranteed a fixed annual income for life, or the lifetime of a loved one. The amount of return to the donor is based on the age of the donor at the time of the gift and the amount of the gift.

As one of our donors, Jim Hinkle, said, “Planned Giving is a win-win situation for both the donor and the charity. As donors we have the opportunity to give in different ways to the charities we support. We also have the satisfaction of watching our recipients grow as they further their missions. I am committed to this form of philanthropy and trust that my intended charities have the willingness and ability to take on the challenges and rewards of planned giving.”

For more information on Gift Annuities and other Planned Giving opportunities please contact me. I can be reached at 508-778-5040 or pjaniak@CapeAbilities.org.

Patricia Janiak
Director of Development



Left to right: **Larry Squire** of TD Banknorth, **Patricia Janiak** and **Larry Thayer** from Cape Abilities.

TD Banknorth Donates \$15,000

As part of their “Housing for Everyone” grants program, the TD Banknorth Charitable Foundation and TD Banknorth Inc. recently awarded \$15,000 to Cape Abilities.

The grant was used for renovations at a residence in Harwich. These improvements included a new roof, windows and flooring as well as landscaping and painting.

Larry Squire, Regional Co-President, Cape Cod Region of TD Banknorth said, “We’re delighted to be partners with such a terrific resource for the community, and to help support all of their good work. We look forward to an ongoing relationship and to working together in the future.”

Ways to Give

Make a donation

All contributions make a difference and are greatly appreciated.

Remember a loved one

Honor a family member or loved one through a memorial gift/tribute.

Leave a bequest

Consider acknowledging Cape Abilities, Inc. in your estate plans.

Set up a charitable gift annuity

Receive income for life and support Cape Abilities in providing services to individuals with disabilities.

Give stocks and bonds for gifts

CD’s, retirement plan assets, stocks and bonds can be used to establish a fund for Cape Abilities, Inc.

Ask your financial advisor

Your financial advisor can offer you guidance, if you would like to make a special gift.

Participate in a Special Event

For more information please contact **Patricia Janiak, Director of Development** at 508-778-5040 ext 219 or pjaniak@CapeAbilities.org

*Your gift is tax-deductible
as allowed by law.*

Donate Online

Visit our website to make your donation online. It’s an easy, fast and secure way to donate. Visit www.CapeAbilities.org and click on

Donate Now

We accept Visa, Mastercard and American Express.



Cape Abilities Golf Tournament is held at New Seabury Country Club in Mashpee.

SAVE THE DATE

■ CAPE ABILITIES 5K RUN/WALK/STROLL

Hyannis Village Green
Sunday, May 4, 2008

■ CAPE ABILITIES GOLF TOURNAMENT

New Seabury Country Club
Monday, September 15, 2008

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895 Mary Dunn Road
Independence Park
Hyannis, MA 02601
www.CapeAbilities.org

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About Cape Abilities

We are a non-profit organization that provides jobs, homes and therapeutic services for Cape Codders with disabilities. Founded as Nauset Workshop in Orleans in 1968, we now serve people with disabilities from Bourne to Provincetown.



AbilityOne Succeeds

NISH is a national nonprofit agency whose mission is to create employment opportunities for people with severe disabilities by securing Federal contracts through the AbilityOne Program for its network of community-based, nonprofit agencies.

In 1994, Cape Abilities underwent an arduous certification process to become an authorized affiliate of NISH and AbilityOne. Cape Abilities is one of only 600 nonprofit organizations selected.

AbilityOne is the largest single source of employment for people who are blind or have other severe disabilities. It provides employment opportunities to more than 48,000 people.

Cape Abilities/AbilityOne contracts

are at Coast Guard Air Station Cape Cod in Bourne (cleaning and laundry services), the Veterans Administration Clinic in Hyannis (cleaning services) and Cape Cod National Seashore Park in Eastham (recycling services). These work sites provide employment for 35 people with disabilities.

“We’re proud to provide support services for the US Coast Guard”
Larry Thayer, Cape Abilities Executive Director

Air Station Cape Cod (ASCC) is the only Coast Guard Aviation facility in the northeast. ASCC maintains the ability to launch a helicopter and/or jet for search and rescue or other critical missions within

30 minutes of a call, 24/7 in nearly any weather conditions.

This long term partnership provides jobs for many people with disabilities on Cape Cod.



Tricia Hamm helps clean the hangars.



To see more photos of AbilityOne job sites visit www.CapeAbilities.org

