The mission of Cape Abilities is to serve individuals with disabilities by educating, counseling and providing residential, therapeutic, social and employment supports so as to empower them to achieve meaningful and valued roles in society.
Dear Friend,

Please accept my heartfelt thanks for your kind welcome this year and most significantly, for your unwavering support of our life-changing work. Cape Abilities weathered a major transition of leadership, and this was easily done because this organization is not driven by just one person - it is driven by each and every one of you. We continue to grow and thrive because our Board of Directors, staff, volunteers, supporters and all of our community partners share the same core values, and are committed to creating the opportunities that make a meaningful difference in the lives of individuals with disabilities across Cape Cod.

The smiles of accomplishment, the community involvement and the brief listing of highlights in this Annual Report are testimony to the ongoing success of our mission and the genuine energy and enthusiasm of our Cape Abilities community. As you will see, we are not only developing more job opportunities for individuals with disabilities through our innovative businesses, but we are also facilitating community involvement and social experiences that lead to productive and fulfilling lives every day.

But we are not stopping there!

Over the past year, we have performed a complete assessment of our current services and supports and with the participation of our dedicated Board, we have begun to outline our strategic priorities for the future. All of these concerns focus on delivering high quality services that are tailored to the individual needs of those we serve. To accomplish this, we are committed to ensuring that we retain our well-qualified staff and support them in their professional growth so that we can continue to provide the highest quality, community-based programming and support for our participants.

One thing is clear: our innovative work is not possible without the support and generosity of the Cape Cod community. As we strive to serve hundreds of individuals with disabilities each and every day, we thank you so very much for your invaluable commitment to our mission. Together, we are changing lives. Together, we are creating opportunity!

I look forward to our continued partnership.

Rosalie A. Edes
President/Executive Director

2015 YEAR IN REVIEW

Cape Abilities Programs

• Celebrated the one-year anniversary of the Community Based Day Supports program, providing focused skills training, opportunities to work, and community volunteer options
• The Cape Abilities contract with the Mass. Rehabilitation Commission increased for the 5th year; over 100 individuals received Community Integrated Employment services
• Initiated Registered Behavioral Technician training for our staff to enhance positive community involvement for our participants
• Increased program staffing and therapeutic services to provide more individualized services and community activity in our Life Skills programs and

The Rhude family benefit greatly from our AFC/Shared Living program

increased supports in our Adult Family Care program
• Developed a demonstrated expertise in the provision of sensitive, end-of-life care for individuals supported in our Residential services
• Transportation Services added 7 new routes, servicing more than 100 participants daily

Community Involvement

• Signed a new five-year contract with Source America to provide additional employment opportunities for our participants
• Ended our 25th consecutive year with revenue exceeding expenses, and maintaining administrative costs at or below 10% despite program and entrepreneurial growth

Like Skill participants deliver doggie treats to Nauset Pet Services

• Awarded Community Champions plaques to Westies of Falmouth for employing our participants and to Cynthia Petrie, a Registered Nurse with the Department of Developmental Services, for providing health care consultation for 10 years
• Expanded our partnership with Chatham Orpheum Theater to produce a year-round, free, monthly sensory film series dedicated to individuals with disabilities and their families
• Celebrated the artistic talents of participants and members of the Cape Abilities family through featured arts exhibits at Atria in Falmouth, the Sturgis Library in Barnstable Village, and Bank of Cape Cod’s Falmouth and Hyannis branches
• Increased community-based volunteer opportunities for our participants, who delivered flowers and lunches to nursing homes, led a winter clothing drive for children and their families, and baked dog treats for canine rescue centers and veterinarians
• Participated in over 30 community engagements, including the Martin Luther King Day of Service and the Cape and Islands United Way Best Night, to introduce and raise awareness of our mission to new audiences
• Our participants enjoyed numerous recreational activities and interactive social experiences thanks to the generosity of many organizations including the Bass River Yacht Club, the Arts Foundation of Cape Cod, and Pleasant Bay Community Boating

About Our Cover

Saving the lives of endangered species takes a community effort, and participants from our Cochran Center in Eastham, The Turtle Team, do their part every year. This dedicated group of volunteers creates signage and cages annually to protect terrapin turtles at the Mass Audubon Society’s Wellfleet Bay Wildlife Sanctuary.
**FINANCIAL SUMMARY**

**Statement of Support, Revenue, and Expenses**
For the Years Ended June 30

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
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</thead>
<tbody>
<tr>
<td><strong>REVENUE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Services</td>
<td>$13,442,114</td>
<td>$11,890,056</td>
</tr>
<tr>
<td>Commercial products and services</td>
<td>1,600,834</td>
<td>1,458,920</td>
</tr>
<tr>
<td>Investment and other revenue</td>
<td>36,527</td>
<td>146,756</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE</strong></td>
<td>15,079,475</td>
<td>13,495,732</td>
</tr>
</tbody>
</table>

|                        |            |            |
| **EXPENSES**           |            |            |
| Salaries and related   | 9,894,812  | 8,632,620  |
| Occupancy              | 1,264,567  | 1,034,225  |
| Transportation         | 558,032    | 548,131    |
| Other program expenses | 3,416,212  | 3,176,604  |
| Legal, Audit and Other | 529,042    | 493,941    |
| **TOTAL EXPENSES**     | 15,662,665 | 13,885,521 |

**PROGRAM OPERATIONAL DEFICIT**

<table>
<thead>
<tr>
<th></th>
<th>2015</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUPPORT</strong></td>
<td>($583,190)</td>
<td>($389,789)</td>
</tr>
<tr>
<td>Contributions, grants &amp; event net proceeds</td>
<td>574,321</td>
<td>676,645</td>
</tr>
<tr>
<td>Gift In Kind</td>
<td>77,337</td>
<td>166,872</td>
</tr>
<tr>
<td><strong>CHANGE IN NET ASSETS FOR THE YEAR</strong></td>
<td>$68,468</td>
<td>$453,728</td>
</tr>
</tbody>
</table>

**People Cape Abilities Supports**

**Program participants**

- Vocational: 282
- Info and Referral: 270
- Life Skills: 157
- Residential: 136

**People with Primary Disabilities of:**

- Developmental Disability: 180
- Mental Health: 63
- Other: 62
- Acquired Brain Injury: 18
- Cerebral Palsy: 15
- Epilepsy: 7
- Prader-Willi Syndrome: 9
- Autism Spectrum Disorder: 40

*Individuals may participate in more than one program*
As we look back on another remarkable year of community involvement for our participants, we say thank you to the organizations, businesses and volunteers who provide funding and opportunities for them to obtain the jobs they desire, learn the importance of volunteerism, and enjoy social interactions within the Cape Cod community.

We are exceedingly grateful for the continued support and exceptional generosity of so many. Every opportunity for community involvement helps us carry out our mission of supporting people with disabilities across the Cape. We simply cannot do this work without you.

From all of us at Cape Abilities, Thank You!

Source America employs our participants and provides plenty of blue for our Light It Up Blue campaign during Autism Awareness Month.

The Bank of Cape Cod turned its Falmouth and Hyannis branches into exhibit space for the Cape Abilities family to showcase their artistic talents.

Strong partnerships with organizations like Pleasant Bay Community Boating increased interactive social experiences throughout the year.

The fundraising efforts of the Cape community made this year’s Harbor Walk & Fun Run event our most successful fundraiser ever.

Individuals with disabilities and their families enjoy free monthly movie screenings at The Chatham Orpheum Theater.

Members of our Life Skills program turned donated items from Michaels of Falmouth into gifts for local nursing homes.

Tedeschi Food Shops and other business partners increased community-based employment opportunities for our participants.

Individuals from our CBDS program volunteer for the Barnstable Senior Center to deliver lunches to the elderly across the Cape.

Support from the Arts Foundation of Cape Cod allowed for the purchase of six ukuleles for use during music therapy sessions.

Individuals from our Life Skills program turned donated items from Michaels of Falmouth into gifts for local nursing homes.

Volunteer groups, like the Holy Cross Club of Cape Cod, help prepare our farms for the spring growing season.

Thanks to great businesses like the Knack and Cape Cloth for supporting Cape Abilities!