The mission of Cape Abilities is to serve individuals with disabilities by educating, counseling and providing residential, therapeutic, social and employment supports that empower them to achieve meaningful and valued roles in the community.
Dear Friend,

We are almost at the 50-year mark... absolutely incredible! This year, we are celebrating 49 years of creating a wide array of opportunities for individuals with disabilities. We have accomplished this in so many varied ways and this Annual Report illustrates just a small sample of the powerful impact that Cape Abilities has on both the individuals we serve and the Cape Cod community.

We strive to ensure that people are not just in the community, but that they are vital members of the community, and we are so fortunate that, in return for our efforts, we receive an outpouring of genuine support from so many who recognize the gifts, talents and capacities of individuals with disabilities.

As a large nonprofit human services agency, we have a responsibility to give back and enrich the local community and we are so proud that the individuals we serve also share this mission and are valuable contributors to other non-profits, respected and reliable employees of local businesses and actively engaged members of their local neighborhoods! Just look at the data – over 60 volunteer community initiatives in one year in which people with disabilities have given back to others in need; over 150 jobs at 85 different community businesses!

It's been a busy, but very successful year and we are truly fortunate that so many of you partner with us to support both our current work and our new initiatives. We are committed to ensuring that individuals in our care have the opportunity to maximize their potential. To accomplish this, we provide high quality community-based services, we are working on creating state of the art program sites that reflect best practice, and we maintain comfortable and accessible residences for individuals so they can be active neighbors and also have the comfort of aging in place.

Your overwhelming support and involvement in all the facets of our work expands our options and ensures our success.

As we look forward to celebrating 50 years of serving individuals with disabilities on Cape Cod, we are sincerely grateful for your involvement in our mission and look forward to our continued partnership.

Together we are creating opportunities and growing futures!

With heartfelt thanks, I wish you all the best!

Rosalie Edes
President/Executive Director
Statement of Support, Revenue, and Expenses
For the Years Ended June 30

<table>
<thead>
<tr>
<th></th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>REVENUE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Services Revenue</td>
<td>$15,530,406</td>
<td>$14,566,739</td>
</tr>
<tr>
<td>Commercial products and services</td>
<td>2,004,880</td>
<td>1,935,455</td>
</tr>
<tr>
<td>Investment and other revenue</td>
<td>223,724</td>
<td>80,723</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE</strong></td>
<td>$17,759,010</td>
<td>$16,582,917</td>
</tr>
<tr>
<td><strong>EXPENSES</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Salaries and related</td>
<td>11,715,228</td>
<td>11,115,667</td>
</tr>
<tr>
<td>Occupancy</td>
<td>1,178,433</td>
<td>1,195,704</td>
</tr>
<tr>
<td>Transportation</td>
<td>525,665</td>
<td>497,655</td>
</tr>
<tr>
<td>Depreciation</td>
<td>441,896</td>
<td>418,081</td>
</tr>
<tr>
<td>Other program expenses</td>
<td>3,874,760</td>
<td>3,811,767</td>
</tr>
<tr>
<td>Legal, Audit and Other</td>
<td>565,774</td>
<td>455,566</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td>$18,301,756</td>
<td>17,494,440</td>
</tr>
<tr>
<td><strong>PROGRAM OPERATIONAL DEFICIT SUPPORT</strong></td>
<td>($542,746)</td>
<td>($911,523)</td>
</tr>
<tr>
<td>Contributions, grants &amp; event net proceeds</td>
<td>719,190</td>
<td>850,584</td>
</tr>
<tr>
<td>Gift In Kind</td>
<td>25,048</td>
<td>91,898</td>
</tr>
<tr>
<td><strong>CHANGE IN NET ASSETS FROM OPERATIONS AND SUPPORT</strong></td>
<td>$201,492</td>
<td>30,959</td>
</tr>
<tr>
<td>Write down on real estate asset**</td>
<td>($74,891)</td>
<td></td>
</tr>
<tr>
<td><strong>CHANGE IN NET ASSETS FOR THE YEAR</strong></td>
<td>$201,492</td>
<td>($543,932)</td>
</tr>
</tbody>
</table>

** The Board voted in the spring of 2016 to sell a property in Marstons Mills in order to use the proceeds to re-invest in the Agency to further enhance its programs. This property was acquired in 2008 and as a result of market fluctuations, a write-down of the asset was required as noted above. The sale of the property did not result in any adverse impact to the Agency’s cash position and the Board of Directors believes the sale was in the best interest of the Agency. The proceeds have been used as start up funding for the Lydgate Center renovation project.

** Individuals may participate in more than one program

Individuals Cape Abilities Support

2017 ANNUAL REPORT
2017 Year in Review

Programs and Services

- Initiated ongoing Self-Advocacy training in all programs and two of our participants (above) successfully completed an 8-week “Self-Advocacy Leadership Series” at Bridgewater State University.

- Began a Healthy Aging Initiative, made possible by a grant from the Cape and Islands United Way, that provides enhanced supports for some of our aging participants, along with training on related topics, open to the community.

- Continuing our commitment to staff advancement, sixteen staff members received training in supportive assistive technology approaches to enhance communication and skills learning for our program participants; through a grant from the Herbert M. Citrin Foundation, three staff received full tuition support and successfully completed a Masters of Education in Applied Behavior Analysis at the Van Loan School at Endicott College; seven staff pursued advanced education through our tuition remission program and over ninety staff were certified in the Safety-Care™ Behavioral Safety Training program.

- Achieved new milestones in our effort to increase competitive community employment thanks to our many partners who helped us support 150 independent jobs at 85 different businesses.

- Ended our 27th consecutive year with revenue exceeding expenses, and maintaining administrative costs at 10% despite program and entrepreneurial growth.

- Launched an ambitious total renovation of 15,000 square feet of program space at the Lyndon Center (below) which will provide a learning and therapeutic environment that will support best practice.

Community Engagement

- Across the Cape, day program participants volunteered in more than 60 community initiatives, assisting non-profit organizations by preparing and serving meals, gathering supplies and goods for local families in need and those affected by natural disasters, and helping to beautify many communities on Cape Cod.

- Collaborated with public safety partners to present two special Autism and Law Enforcement Education Coalition (ALEC) safety trainings in Orleans and Hyannis for participants and their guardians.

About Our Cover

A Day in the Life of Participants and Staff in the Life Skills/Day Habilitation program, located at the Lyndon Center, in Hyannis.
• Participants enjoyed numerous recreational activities and interactive social experiences thanks to the generosity of many organizations including Pleasant Bay Community Boating, SAIL Cape Cod, and the Orleans Bowling Center.

• Congratulations to the staff at our Thrift Store, who were recently recognized by Best Things Massachusetts as one of the Top Ten Thrift Stores in Massachusetts!

• Our Falmouth team of staff and participants celebrated their community partners and took home FIRST PRIZE in the Adult Walking Team category at the 53rd Annual Falmouth “Holidays by the Sea” Parade.

• Cape Abilities, along with participant Mike Manoogian, were honored to be included in John Whalen’s newly published book “I Am of Cape Cod” People and Their Stories.

• Through the generosity and commitment of the Fred J. Brotherton and the Bank of America Charitable foundations, grant monies were received to partially fund a Vocational Specialist position at our Farm. This allowed us to provide enhanced on-site vocational training tailored to the goals and interests of each participant so that they can ultimately secure employment at one of our businesses or in the community.

Cape Abilities
Social Enterprises

• Congratulations to Cape Abilities participant Jennifer Powers, staff member Jonathan O’Neil, and Christopher Garland, Shared Living provider, who were honored by the Department of Developmental Services for their hard work and accomplishments.

• We take pride in our mission-driven, social enterprises and the vital role they play in the Cape Cod community. In addition to providing more than 21,000 hours of training and employment for our participants, these four businesses also engaged in over 75 community events this past year.

• Whether it’s partnering with the Association to Preserve Cape Cod to provide free, informative gardening talks by local experts, hosting a blood drive with the local Red Cross, helping local school children build sustainable gardens, or engaging numerous volunteer groups, every instance of community involvement heightens public awareness of our mission, and helps us carry out our work supporting people with disabilities across the Cape.
Thank you Cape Cod!

The outstanding fundraising efforts of Cape Abilities participants, staff and the Cape community made this year’s Harbor Walk Fun Run, Golf Tournament, and Falmouth Road Race a huge success!

Individuals in our Life Skills/Day Habilitation program benefit greatly from the generosity of the Barbara Carol Wineman Fund of the Cape Cod Foundation, which funds horse therapy at the Emerald Hollow Therapeutic Riding Center.

Participants from our Falmouth Community Based Day Supports program sing with the Mashpee Singing Seniors.

Thank you to our community partners like the Cotuit Center for the Arts for helping us Light It Up Blue during Autism Awareness Month.

Community partners like Grammy-Award winning singer/songwriter Lori McKenna, EJ Jaxtimer Builder, Inc., and Baxter’s Boathouse, contribute to our fundraising efforts in the most unique ways!

Program participants met with local legislators at the State House to thank them for their support of programs and services for people with disabilities.

The Beanstock Coffee Company and over 85 local business partners provide community-based employment opportunities for the individuals we serve.

For the seventh year in a row, the Bass River Yacht Club provided a wonderful outing for our participants!

We’d be lost without our incredible, talented and dedicated team of volunteers. 130 strong and counting!

Cape Abilities™
Creating Opportunity
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508-778-5040 • www.CapeAbilities.org