The mission of Cape Abilities is to serve individuals with disabilities on Cape Cod by educating, counseling and providing residential, therapeutic, social and employment supports that empower them to achieve meaningful and valued roles in the community.
Dear Friends,

What a year it has been for Cape Abilities! 2018 has been a time of growth and change, and we are also celebrating our past, present, and future as we enter our 50th year of service to individuals with disabilities on Cape Cod.

We continue to celebrate the abilities of every individual we serve, and we take joy in being able to provide the residential, social, therapeutic, and employment programs and opportunities that every individual needs to live their life to the fullest.

We are nearing the completion of a major renovation at our Lyndon Center in Hyannis, transforming 15,000 square feet of program space to better meet the needs of our Life Skills Habilitation Program and we hope you’ll make the time to take a tour soon. Meanwhile, our programs across the entire Cape continue. Our popular Cape Abilities Farm in Dennis, its satellite store in Chatham, and our consignment store in Yarmouth have welcomed more customers than ever before. Please keep visiting us.

To respond to the needs of our community and looking to the future of Cape Abilities, this year the Board of Directors made a strategic decision to sell our Cochran Center in Eastham and open a new center in Orleans. We have launched a campaign to renovate the building so that it can meet our program needs for many years to come. We are confident that this step will allow us to continue growing and provide easier access for hundreds of families on the lower Cape. We will be reaching out to the community over the next year to bring this exciting plan to fruition.

None of our progress would be possible without the generous support of all of you who believe in our mission and contribute to our work. Our amazing, dedicated staff enable us to provide extraordinary services day in and day out. We also deeply appreciate the gift of time provided by the volunteers who make all the difference in the programs we offer and the people we serve.

As we enter a year-long celebration of a half century of service, we are pausing for just a moment to consider our history and to celebrate all that we have accomplished since we opened our doors as the Nauset workshop in 1968. Most importantly, we look to the future with excitement – and with gratitude for your generous support. Thank you for being our partner in this amazing journey.

Gratefully,

Larry Thayer
Interim President

Marion Broidrick
Board Chair

2018 Year in Review

- Welcomed 26 new participants to our Lyndon Center Day Services Program and 9 new participants at our Cochran Center.
- In our Falmouth program, we added 9 new employment sites, and placed 28 participants in new jobs.
- Developed a new self-advocacy curriculum related to Bullying, Socialization and Community Safety to help participants in our Day Habilitation Program improve their decision-making and community engagement skills.
- Increased the number served in our Individual Support Services Program to include adults with disabilities who may still live at home with their parents.

Our volunteers bring a wide range of experience to our services and they are dedicated to supporting our mission.

- Qualified to be an Agency With Choice provider on Cape Cod, a service support model designed to give families increased control of home-based services and supports for their loved ones.
- Completed our first Healthy Aging Initiative with the aide of a grant from the United Way that provided enhanced supports for participants aging-in-place and training for their staff.

Community Involvement

Cape Abilities collaborates with local businesses and municipalities and schools like Cooke’s Seafood and the Cape Cod Chamber to increase autism awareness for the fifth consecutive year.

- Participants from our Community Based Day Supports program worked with the US Army Corps of Engineers to prepare, plant and maintain a native pollinator garden at the Cape Cod Canal Visitors Center.
- Beneficiary of EJ Jaxtimar’s and Baxter’s Boathouse Charity Fishing Tournament and the Fecteau Family Toad Memorial Golf Tournament.
- Chosen by the McBee Enterprises to receive a generous community donation as part of their grand re-opening of McDonalds Restaurant on Rte. 132 in Hyannis.

Patrick Ohman worked with art therapist Deb Hope Colligan to create Cape Abilities creative shark

- Participated in the Chatham Merchant’s Association “Where are the whales” and “Sharks in the Park” contests.
- Increased the number of individual volunteers by 63% in our Social Enterprises and programs and volunteer hours by 56%.
- Launched a Self – Advocacy Leadership Series for Cape Abilities participants at Bridgewater State University in Yarmouth, to promote leadership skills and independence.
Individuals in our Life Skills Day Hab Program can now participate in a Therapeutic Horticulture Program, using raised beds made by Cape Cod Technical High School and funded by the Hyannis Rotary Club.

Awards and Recognition

- **Cape Abilities** received Service Enterprise Certification from Points of Light, the world’s largest organization dedicated to volunteer service. This very prestigious accomplishment certifies the top 11 percent of non-profit organizations nationwide in volunteer management and organizational performance.

- The **Falmouth CBDS Program** was recognized by the Falmouth Recreation Department with a grant for their community involvement.

- **Cape Abilities participant Emmett Bilbo, and staff members Kim Buldini and Dave Baron** were recognized for their accomplishments and dedication by the MA Dept. of Developmental Services at the DDS’ Annual Recognition Breakfast.

Social Enterprises

- Changed the name of our Chatham Retail location to the **Cape Abilities Farm Store**.

- **Cape Abilities Farm** was the “Gold Medal Winner! Best Mid Cape Farm Stand/Farmer Market” in this year’s Cape Cod Life magazine’s “Best of Cape Cod” for the SIXTH YEAR IN A ROW!

- The Farm was also nominated by the Cape Cod Chamber of Commerce and selected to receive the “Build a Better Mousetrap” Award from Cape Cod & the Islands SCORE.

- Our Social Enterprises provided more than 23,000 hours of training and employment for our participants.

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**F I N A N C I A L S U M M A R Y**

50th Anniversary

Cape Abilities
Creating Opportunity

Statement of Support, Revenue, and Expenses
For the Years Ended June 30

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>REVENUE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Program Services Revenue</td>
<td>$15,702,066</td>
<td>$15,530,409</td>
</tr>
<tr>
<td>Commercial products and services</td>
<td>2,178,814</td>
<td>2,004,880</td>
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<tr>
<td>Investment and other revenue</td>
<td>210,755</td>
<td>223,721</td>
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<tr>
<td>TOTAL REVENUE</td>
<td>18,091,635</td>
<td>17,759,010</td>
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<tr>
<td>EXPENSES</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Salaries and related</td>
<td>12,373,020</td>
<td>11,715,228</td>
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<tr>
<td>Occupancy</td>
<td>1,149,790</td>
<td>1,178,433</td>
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<tr>
<td>Transportation</td>
<td>616,467</td>
<td>525,665</td>
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<tr>
<td>Depreciation</td>
<td>461,354</td>
<td>441,896</td>
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<tr>
<td>Other program expenses</td>
<td>4,128,034</td>
<td>3,952,760</td>
</tr>
<tr>
<td>Legal, Audit and Other</td>
<td>480,425</td>
<td>487,774</td>
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<tr>
<td>TOTAL EXPENSES</td>
<td>19,209,090</td>
<td>18,301,756</td>
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<tr>
<td>PROGRAM OPERATIONAL DEFICIT SUPPORT</td>
<td>(1,117,455)</td>
<td>(542,746)</td>
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<tr>
<td>Contributions, grants &amp; event net proceeds</td>
<td>820,346</td>
<td>719,190</td>
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<tr>
<td>Capital Campaign</td>
<td>204,680</td>
<td>-</td>
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<tr>
<td>Gift In Kind</td>
<td>31,640</td>
<td>25,048</td>
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<tr>
<td>CHANGE IN NET ASSETS FROM OPERATIONS</td>
<td>(60,789)</td>
<td>201,492</td>
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<tr>
<td>OTHER</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gain on sale of real estate **</td>
<td>589,606</td>
<td>-</td>
</tr>
<tr>
<td>CHANGE IN ASSETS FOR THE YEAR</td>
<td>528,817</td>
<td>201,492</td>
</tr>
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</table>

** Cape Abilities sold the Cochran Building in Eastham and a Residential home in Hyannis.**

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**People Cape Abilities Supports**

![People Cape Abilities Supports](image)

*Individuals may participate in more than one program.*

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**2018 ANNUAL REPORT**

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Tracey Fraser, Manager of Cape Abilities Farm accepts SCORE Award with Wendy Northcross, Executive Director of the Cape Cod Chamber
Changing lives for 50 years thanks to the winning combination and steadfast support of our community partners, donors, volunteers, and local businesses!

Professionally-trained Cape Abilities staff past and present have mentored hundreds of individuals with disabilities to enhance their life skills, wellness, and independence, and are empowering them to achieve meaningful roles in the Cape community.

Thanks to businesses like The Mid-Cape Recreation Center in West Harwich (left, 1971) and The Orleans Bowling Center (today), Cape Abilities has developed and maintained successful partnerships for decades that enrich the lives of our participants.

The Sheltered Workshop (left, 1969) was eliminated by 2014, which provided individuals with a new opportunity to become respected employees at businesses throughout the Cape Cod community.

Activities like music therapy have improved the quality of life for the individuals we support and provided enjoyable social engagement.

Since 1968 our programs have provided the opportunity for hundreds of individuals to be engaged in their communities.